

IAP for Health ‘Young Physician Leaders’ Programme 2017
“The Leadership Training Programme & Network for Young Physicians”

PROGRAM REPORT
(November 5th 2017)

DR. OMARY CHILLO:

The YPL program for the year 2017 was conducted in Berlin from 12th – 14th October followed by World Health Summit 15th – 17th October.

The goals of the workshop were:

- explore multiple models for effective leadership
- assess your perceived leadership strengths and identify areas for improvement
- learn about teams and leading teams
- develop individual action plans for strengthening your leadership skills
- develop mentorship and peer learning relationships to support your professional leadership development
- design a session you will present to the 2017 World Health Summit

Activities Done/Achievement:

Phase 1:

The program started by reading, working and responding to pre-workshop (online) materials. Several of leadership styles documents as well as examples were provided before contact phase, which gives the first-hand experience of the whole program. All the necessary readings were done and responded within deadline.

Phase 2:

Day 1: 12/10/2017

The sessions started just after Lunch time with participants’ introduction and an example of a case definition of leadership and its six major styles. The session was intensively engaging participants to explore their personal experiences with a clear reflection of leadership styles

learnt. The evening dinner was served at Atame where we met the World Health Summit founding president Prof. Dr. Detlev Ganten.

Day 2: 13/10/2017

The day started by visiting Charlie Campus Berlin to learn the history of the campus, different innovations and development projects in health science. The campus walk included historical buildings and great late 19th and early 20th century scientist's discoveries, the Rudolf Vichow's Library and Auditorium. Several presentations on imaging and prototypes were also done. We also visited Bayer Science and Education Foundation at Bayer headquarters to interact and listen to start-ups who are supported by Bayer Foundation; in addition presentations were made on different aspects of health innovations. The day was closed by a networking buffet at the Fabrik House.

Day 3: 14/10/2017

During the morning time, we presented case on team decision making (*Lost in the snow*) engaged participants into deep discussions and decision making process. The exercise was very interesting learning experience considering that most participants are from diverse regions of the world. It was then followed by leadership panel – M8 Alliance session. In the evening, the whole team met with M8 alliance for dinner at Charite. Networking and experience gaining from world leaders of health institutions was exceptional moment for the participants.

Day 4 - 6: 15-17/10/2017

World Health Summit sessions started on Sunday 15th. The YPL participants form different topics and groups to start working on the YPL session "The Leadership We Want". The preparation was very effective before the session that was scheduled on Tuesday 17th at 12:00 noon. I played part as moderator of one of the three presentations done. Besides YPL session, I attended significant health sessions conducted by WHS i.e. Access to medicines through innovation, Non-Communicable Diseases, Global Health Financing, Equitable Access to Universal Health Coverage and Care etc.

Day 7: 18/10/2017

Departure to Dar es Salaam

Further Steps

The following steps will be taken following successful completion of the YPL program

1. Maintain important contact with the young leaders 2017 participants for possible collaboration
2. Daily improvement of leadership skills at my work place and projects
3. Assist in taking the Tanzania Young Academy of Sciences to the next level

Reflection and Challenges

Generally, the whole program is well structured and very engaging enabling the participants to critically think and explore different models/styles of leadership. Few challenges like compact schedule that does not included time for tour around the city.

I recommend that, for participants who are coming from long distances should be considered for one more day of check out due to flexible flight availability.

Acknowledgement:

Special thanks to Prof. Esther Mwaikambo for nominating my name to the YPL panellists and subsequent selected to join fellow YPL participants. I thank Ms. Muthoni Kareith for her constant support throughout the application and program sessions.

I would like also to recognize the support from IAMP for health, Bayer Foundations and World Health Summit 2017.

